

# 2023 Mission Viejo Fall Diving Schedule

September 5 - December TBD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-7:30							
7:30-8:00							
8:00-8:30							
8:30-9:00	Elite Gold 1 8:30-11		Elite Gold 1 8:30-11		Elite Gold 1 8:30-11		
9:00-9:30							
9:30-10:00							
10:00-10:30		Masters 10:00-12:00			Masters 10:00-12:00		
10:30-11:00							
11:00-11:30							
11:30-12:00							
12:00-12:30		Homeschool 12:00-1:30		Homeschool 12:00-1:30			
12:30-1:00							
1:00-1:30							
1:30-2:00							
2:00-2:30							
2:30-3:00							
3:00-3:30							
3:30-4:00							
4:00-4:30	Novice 3b 4:00-5:30	Elite Silver 1 3:00-5:30	Elite Silver 1 3:00-5:30	Elite Silver 1 3:00-5:30	Elite Silver 1 3:00-5:30		
4:30-5:00	Novice 2a 4:00-5:30	Novice 2a 4:00-5:30	Novice 2a 4:00-5:30	Novice 2a 4:00-5:30	Novice 2b 4:00-5:30		
5:00-5:30		Elite Silver 2 5:00-7:30	Elite Silver 2 5:00-7:30	Elite Silver 2 5:00-7:30	Elite Silver 2 5:00-7:30		
5:30-6:00	Novice 3a 5:30-7:00	Blue Group 5:30-6:30	Blue Group 5:30-6:30	Blue Group 5:30-6:30	Novice 3a 5:30-7:00		
6:00-6:30	Novice 3a 5:30-7:00	Gold Group 6:30-8:00	Gold Group 6:30-8:00	Gold Group 6:30-8:00	Novice 3a 5:30-7:00		
6:30-7:00	Novice 4a 7-8:30	EB3 5:30-7:30	EB3 5:30-7:30	EB3 5:30-7:30	Novice 4a 7-8:30		
7:00-7:30		EB3 Cond	EB3 Cond	EB3 Cond			
7:30-8:00							
8:00-8:30							
	Elite Gold 1 8:30-11 am	Masters 10-12 pm	Elite Gold 1 8:30-11 am	Homeschool 12-1:30 pm	Masters 10 am - 12 pm	Elite Bronze 3 8:30-11:00 am	EB3 8:30-11:30 am
	Elite Gold 2 1:30-4 pm	Homeschool 12-1:30 pm	Elite Gold 2 1:30-4 pm	Elite Gold 1:30-4 pm	Elite Gold 8:30-11 am	EB3 Conditioning 11-11:30 am	EB3 Cond 11-11:30 am
	Elite Silver 1 3:5-30 pm	Elite Gold 1:30-4 pm	Elite Silver 1 3:5-30 pm	Elite Silver 1 3:5-30 pm	Elite Gold 2 1:30-4 pm	Masters 9:30-11:30 am	EB2 Cond 11-11:30 am
	Novice 2a 4-5:30 pm	Elite Silver 1 3:5-30 pm	Novice 2a 4-5:30 pm	Elite Bronze 1 3:30-5:30 pm	Elite Silver 1 3:5-30 pm	Gold Group 9:30-11 am	EB2 11:30-1 pm
	Novice 3b 4-5:30 pm	Elite Bronze 1 3:30-5:30 pm	Novice 3b 4-5:30 pm	Elite Gold & Elite Silver 2 Conditioning 4:00-5:00 pm	Novice 2a 4-5:30 pm	Blue Group 10:30-11:30 am	Masters 11:30-1:30 pm
	Elite Silver 2 5-7:30 pm	Elite Gold & Elite Silver 2 Conditioning 4:00-5:00 pm	Elite Silver 2 5-7:30 pm	Elite Silver 2 5-7:30 pm	Novice 3b 4-5:30 pm	Elite Bronze 2 Conditioning 11-11:30 am	EB1 2:30-5:30 pm
	Blue Group 5:30-6:30 pm	Elite Silver 2 5-7:30 pm	Blue Group 5:30-6:30 pm	Elite Bronze 3 5:30-7:00 pm	Elite Silver 2 5-7:30 pm	Elite Bronze 2 11:30-2:30 pm	Gym 2 Dive 5:30-7:30 pm
	Novice 3a 5:30-7 pm	Elite Silver 3 5:30-7:00 pm	Novice 3a 5:30-7 pm	Elite Silver 1 Conditioning 5:30-6:30 pm	Elite Silver 2 5-7:30 pm	Novice 2b 11:30-1 pm	
	Novice 4a 7-8:30 pm	Elite Silver 1 Conditioning 5:30-6:30 pm	Novice 4a 7-8:30 pm	Elite Bronze 2 Conditioning 6:00-7:00 pm	Elite Bronze 2 Conditioning 6:00-7:00 pm	Bitty Bouncer 1-2 pm	
	Gold Group 6:30-8 pm	Elite Bronze 2 Conditioning 6:00-7:00 pm	Gold Group 6:30-8 pm	Elite Bronze 3 Conditioning 7:00-7:30 pm	Elite Bronze 3 Conditioning 7:00-7:30 pm	Elite Bronze 1 2:30-5:30 pm	
		Elite Bronze 3 Conditioning 7:00-7:30 pm		Elite Bronze 2 7-8:30 pm	Elite Bronze 2 7-8:30 pm	Gym 2 Dive 5:30-7:30 pm	
		Elite Bronze 2 7-8:30 pm					