2023 Mission Viejo Fall Diving Schedule

September 5 - December TBD

MONDAY

- Novice 3b 4:00-5:30
- Elite Silver 1 3:00-5:30
- Elite Gold 1:30-4:00
- Novice 2a 4:00-5:30
- Elite Silver 2 5:00-7:30
- Novice 3a 5:30-7:00
- Blue Group 5:30-6:30
- Gold Group 6:30-8:00
- Novice 4a 7-8:30

Elite Gold 1:30-4 pm
Elite Silver 1 3-5:30 pm
Novice 2a 4-5:30 pm
Novice 3b 4-5:30 pm
Elite Silver 2 5-7:30 pm
Blue Group 5:30-6:30 pm
Novice 3a 5:30-7 pm
Novice 4a 7-8:30 pm
Gold Group 6:30-8 pm

TUESDAY

- Masters 10:00-12:00
- Homeschool 12:00-1:30
- EB1 3:30-5:30
- Elite Silver 1 3:00-5:30
- Elite Gold 1:30-4:00
- Gold Cond
- Silver 2 Cond
- Elite Silver 2 5:00-7:30
- EB3 5:30-7:30
- Silver 1 Cond 5:30-6:30
- EB2 Cond 6:00-7:00
- EB3 Cond
- EB2 7:00-8:30

Masters 10-12 pm
Homeschool 12-1:30 pm
Elite Gold 1:30-4 pm
Elite Silver 1 3-5:30 pm
Elite Bronze I 3:30-5:30 pm
Elite Gold & Elite Silver 2 Conditioning 4:00-5:00 pm
Elite Silver 2 5-7:30 pm
Elite Bronze 3 5:30-7:00 pm
Elite Silver 1 Conditioning 5:30-6:30 pm
Elite Bronze 2 Conditioning 6:00-7:00 pm
Elite Bronze 3 Conditioning 7:00-7:30 pm
Elite Bronze 2 7-8:30 pm

WEDNESDAY

- Novice 3b 4:00-5:30
- Elite Silver 1 3:00-5:30
- Elite Gold 1:30-4:00
- Novice 2a 4:00-5:30
- Elite Silver 2 5:00-7:30
- Novice 3a 5:30-7:00
- Blue Group 5:30-6:30
- Gold Group 6:30-8:00
- Novice 4a 7-8:30

Elite Gold 1:30-4 pm
Elite Silver 1 3-5:30 pm
Novice 2a 4-5:30 pm
Novice 3b 4-5:30 pm
Elite Silver 2 5-7:30 pm
Blue Group 5:30-6:30 pm
Novice 3a 5:30-7 pm
Novice 4a 7-8:30 pm
Gold Group 6:30-8 pm

THURSDAY

- Masters 10:00-12:00
- Homeschool 12:00-1:30
- EB1 3:30-5:30
- Elite Silver 1 3:00-5:30
- Elite Gold 1:30-4:00
- Gold Cond
- Silver 2 Cond
- EB3 Cond
- Elite Silver 2 5:00-7:30
- EB3 5:30-7:30
- Silver 1 Cond 5:30-6:30
- EB2 Cond 6:00-7:00
- EB3 Cond
- EB2 7:00-8:30

Masters 10-12 pm
Homeschool 12-1:30 pm
Elite Gold 1:30-4 pm
Elite Silver 1 3-5:30 pm
Elite Bronze I 3:30-5:30 pm
Elite Gold & Elite Silver 2 Conditioning 4:00-5:00 pm
Elite Silver 2 5-7:30 pm
Elite Bronze 3 5:30-7:00 pm
Elite Silver 1 Conditioning 5:30-6:30 pm
Elite Bronze 2 Conditioning 6:00-7:00 pm
Elite Bronze 3 Conditioning 7:00-7:30 pm
Elite Bronze 2 7-8:30 pm

FRIDAY

- Masters 10:00-12:00
- Elite Silver 1 3:00-5:30
- Elite Gold 1:30-4:00
- Novice 3b 4:00-5:30
- Novice 2b 4:00-5:30
- Elite Silver 2 5:00-7:30
- Novice 3a 5:30-7:00
- Blue Group 5:30-6:30
- Novice 4a 7-8:30

Elite Gold 1:30-4 pm
Elite Silver 1 3-5:30 pm
Novice 2a 4-5:30 pm
Novice 3b 4-5:30 pm
Elite Silver 2 5-7:30 pm
Blue Group 5:30-6:30 pm
Novice 3a 5:30-7 pm
Novice 4a 7-8:30 pm

SATURDAY

- Gold Group 9:30-11:00
- EB3 8:30-11:30
- EB3 Cond
- EB2 Cond
- Blue Group 10:30-11:30
- Novice 4a 11:30-1:00
- EB2 11:00-2:30
- Novice 2b 11:30-1:00
- EB1 2:30-5:30
- Gym 2 Dive 5:30-7:30

Elite Bronze 3 8:30-11:00 am
EB3 Conditioning 11-11:30 am
Gold Group 9:30-11 am
Blue Group 10:30-11:30 am
Elite Bronze 2 Conditioning 11-11:30 am
Elite Bronze 2 11:30-2:30 pm
Novice 2b 11:30-1 pm
Elite Bronze 1 2:30-5:30 pm
Gym 2 Dive 5:30-7:30 pm

SUNDAY

- EB3 8:30-11:30
- EB3 Cond
- EB2 Cond
- Masters 11:30-1:30
- EB2 11:00-2:30
- EB1 2:30-5:30
- Gym 2 Dive 5:30-7:30

EB3 8:30-11:00 am
EB3 Cond 11-11:30 am
EB2 Cond 11-11:30 am
EB2 11:30-1 pm
Masters 11:30-1:30 pm
EB1 2:30-5:30 pm
Gym 2 Dive 5:30-7:30 pm