



Mission Viejo Nadadores Foundation Application for Appointment to Board of Directors

This application is a public document; any information contained on the application is public information.

Qualification Requirements: Board Members must be at least 18 years of age. All Board Members must become USA Swim members and be SAFE Sport certified. Fees will be reimbursed by the club.

Board on which you wish to serve Swim Board Dive Board

Name **John Appleman**

Cell phone [REDACTED] Home phone Work Phone

Complete address
[REDACTED]

Email address [REDACTED]

Occupation and employer
Diving Elite/High Performance Director- Mission Viejo Nadadores Foundation

Educational background/degrees
B.A. in Government and International Politics

List any other board/commission/committee on which you have served, and the year(s) of service
USA Diving Committee for Competitive Excellence- 2016-Present
Chair of USA Diving Junior Committee- 2016-2020

Organizations to which you belong (professional, technical, community, charity)
USA Diving

Briefly state why you wish to serve on this Board and why you believe you are qualified for the position. Be specific (attach additional notes if necessary).
As the organization continues to grow and build towards future aspirations and endeavors, it is essential that there is representation on the committee from essential staff and personnel. There are key insights and understanding from the people who are interacting with the members on a daily basis and have a high level of knowledge in the day to day operations of all aspects of the Nadadores organization. While the parents of our athletes, who represent the majority of the board membership, are key stakeholders of the Nadador family, allowing for the contribution of staff members on the board provides a more informed process in determining what is best for our organizations future from a business and operational perspective.

PLEASE ATTACH A RESUME OR BIO TO THIS APPLICATION

I understand that any or all information on this form may be verified.

Signature:  Date: 09/24/2024

PLEASE BE AWARE OF APPLICATION DEADLINE. RETURN APPLICATION AND BIO TO:

For Swim Board - swimoffice@mvnadadores.org

For Dive Board - diveoffice@mvnadadores.org

Or hand deliver to Mission Viejo Nadadores offices at: 27474 Casta Del Sol • Mission Viejo, CA 92692

John Appleman is the loving husband to his wife, Kelli and proud father to a 3-year-old son Finn who is a regular member of the Nadadores Swim School program. In addition to being a devoted Nadadores parent, John has been the Elite/High Performance Director of the Mission Viejo Nadadores Diving program since January of 2022. Since his arrival in Mission Viejo, the Nadadores have produced 2 Junior National Team Championships and 23 Junior National Champion diving performances. The MVND program this past season, qualified the most athletes to the Junior National Championship in the history of USA Diving. The Nadadores placed 8 divers on the Junior Pan Am squad in Lima, Peru in 2023 as well as 5 divers on the Junior World squad which will be competing in Rio de Janeiro, Brazil at the end of the year. John was named as the USA Diving Head Coach for both of these competitions. Pro athlete and MVND coach, Grayson Campbell was also a member of the 2024 World Championship squad. Under John's guidance, the number of athletes in the program has grown exponentially into the largest program in the country. In addition to this, he has successfully ensured a positive budget allowing for all athletes and families to have access to the top resources of any program in the country.

Prior to John's arrival in Mission Viejo, John worked as the personal coach to multiple Olympians and Olympic medalists. He started his career off as the Owner and Head Coach of Dominion Dive Club in Northern Virginia, responsible for all aspects of the program including on and off deck management of the business. John started this program from scratch and built it into a top 3 ranked program in the country. From there, John took over as the Head Coach of Ohio State Diving Club, working as an employee of The Ohio State University Rec Department. He guided the program to multiple top 3 finishes in the country as well as a Junior National Team Title. Following John's departure from Ohio State Diving Club, he served as the International Coach for the National Team athletes at Purdue University. There he worked closely with Olympic Champion, David Boudia, Olympic Silver medalist and current Nadador Pro Diver, Steele Johnson and Olympian and former Nadador, Brandon Loschiavo. The last stop for John prior to coming to California was at the Woodlands Diving Academy where he worked as the National Team coach for the program, focused on working with the Elite Junior athletes and multiple Olympians and Senior National Team members in the program.

John is excited to run to serve on the Nadadores Board of Directors because he knows the importance of having the voice and insight of members who have knowledge of the minute details and day-to-day activities of the program. John is singularly capable of providing all levels of information in regards to the diving program and is happy to work with the board

on moving the organization forward in a positive direction by way of an informed and deliberate process.