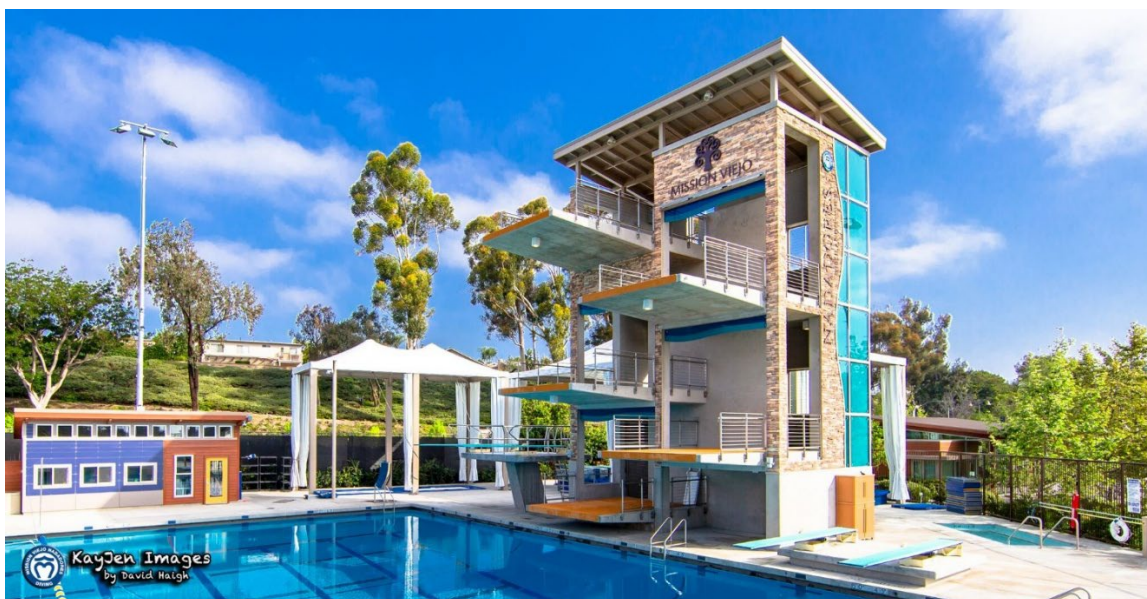




TYR JUNIOR AMERICA'S CUP

Presented by the Mission Viejo Nadadores
Mission Viejo, California



May 21 – May 24, 2026

Federation Guide

Welcome to Mission Viejo and the 2026 TYR Junior America's Cup. We are thrilled to have your Federation join us for this prestigious international competition. Please feel free to ask our staff questions, but we have tried to include information pertaining to all aspects of the competition in this invitational guide.

A special thank you to our partners:



Contact Information

MVN Event Director	Lauren Thiel	coachlo@mvnadadores.org	480-298-0576
MVN Head Coach	John Appleman	coachjohn@mvnadadores.org	614-302-0250
MVN Executive Director	Michele Mitchell	executivedirector@mvnadadores.org	520-661-4937
Meet Technical Director	Taylor Abbott	operations@mvnadadores.org	512-547-8509
Competition Manager	Teri Chamoures	diveoffice@mvnadadores.org	949-290-8669
Travel Logistics	Lisa Meller	coachlisa@mvnadadores.org	949-522-5472

The Venue

The Marguerite Aquatics Complex is located at 27474 Casta Del Sol, Mission Viejo, CA 92692.

The facility has four 1-meters, three 3-meters, 1,3,5,7.5, 10-meter platforms, sparger system, video replay, 3 dryland boards into a pit, 2 in-ground trampolines, and a spring floor.

Platforms

- Platform training must have someone calling the height, for use.

Dryland and Sparger System

- The dryland boards will only be open during flighted workout times. Coaches must be present – at the side of dryland – for divers to use the dry boards.
- The floor will be open during all training times.
- The sparger system will not be available for use during the warmup or competition day



Schedule for Training

Visiting teams may train on **Tuesday, May 19 and Wednesday, May 20, from 10:00 am – 4:00 pm**. Flights will be determined if necessary. If numbers do not warrant it, all warmups will be open.

Competition Format

We will follow all World Aquatics Junior rules and regulations for all events. The top 12 from all preliminary events will advance to finals in the afternoon.

*If there are more than 2 entrants from a single delegation, only the top 2 ranked divers from that delegation will advance to finals

*Additional athletes from a single delegation may advance if there are not 12 finalists following the above rule

All Synchronized events will be Finals only

Group A 1M, 3M, PL

Group B 1M, 3M, PL

Group C 1M, 3M, PL

Group A-B 3M Synchro, PL Synchro

Event	Board	Dives	Conditions
Group A Boys	1M & 3M	10 Dives	5 Voluntaries + 5 Optionals
Group A Boys	Platform	9 Dives	4 Voluntaries + 5 Optionals
Group A Girls	1M & 3M	9 Dives	5 Voluntaries + 4 Optionals
Group A Girls	Platform	8 Dives	4 Voluntaries + 4 Optionals
Group B Boys	1M & 3M	9 Dives	5 Voluntaries + 4 Optionals
Group B Boys	Platform	8 Dives	4 Voluntaries + 4 Optionals
Group B Girls	1M & 3M	8 Dives	5 Voluntaries + 4 Optionals
Group B Girls	Platform	7 Dives	4 Voluntaries + 3 Optionals
Group C Boys	1M & 3M	8 Dives	5 Voluntaries + 3 Optionals
Group C Boys	Platform	7 Dives	4 Voluntaries + 3 Optionals
Group C Girls	1M & 3M	7 Dives	5 Voluntaries + 2 Optionals
Group C Girls	Platform	6 Dives	4 Voluntaries + 2 Optionals

Event Apparel

All participating members will receive TYR event apparel. It is important to get accurate sizing information on your Final Rooming Form.

Due Dates of Submitting Forms

February 1, 2026

- Preliminary Entry Form is due

March 15, 2026

- Final Entry Form is due
- Final Travel Detail Form is due

May 10, 2026

- Online event registration deadline (www.divemeets.com)

May 19, 2026

- Open training begins

Schedule of Competition Events

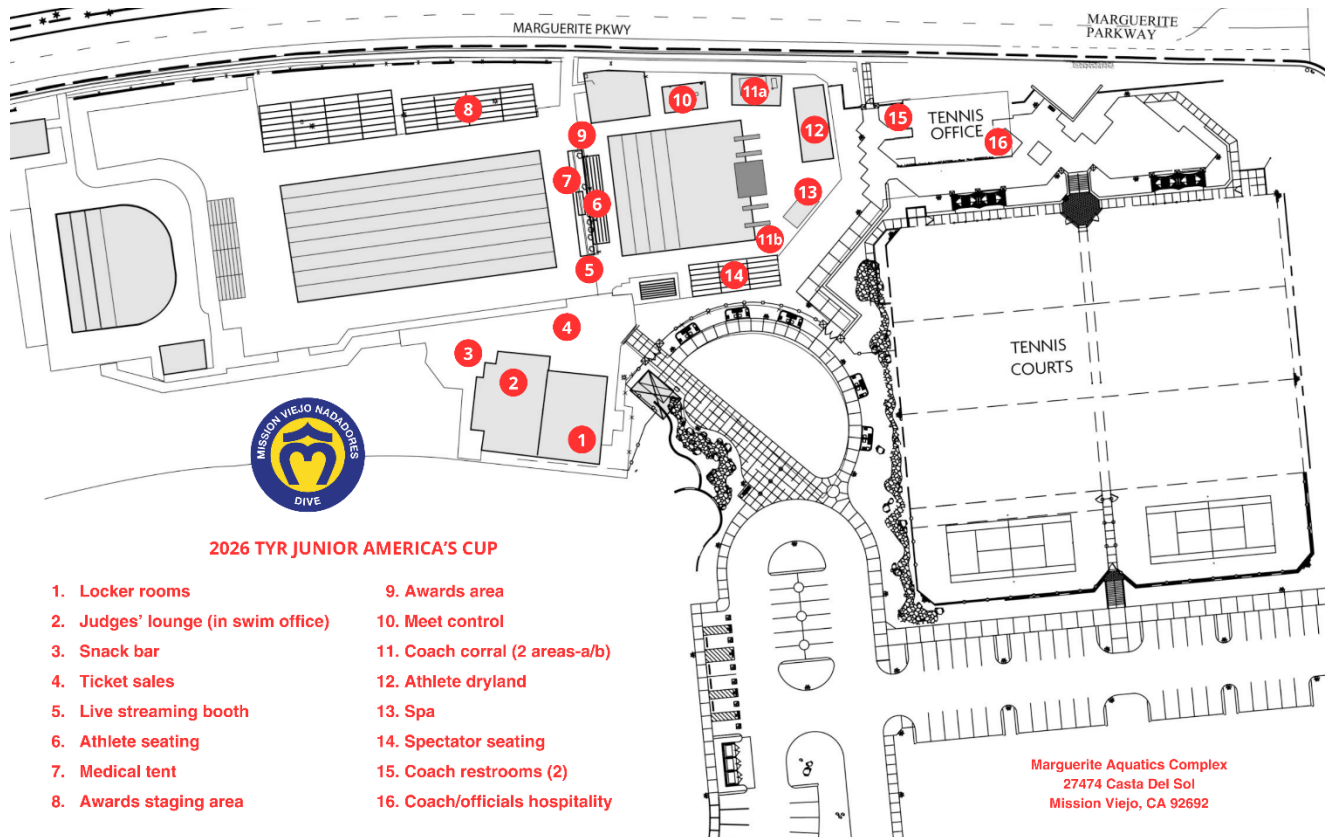
	1M	3M	Platform
Event	Wednesday, May 20, 2026		
1	TEAM EVENT		
	Thursday, May 21, 2026		
2	C GIRLS PRELIM	B GIRLS PRELIM	
	C BOYS PRELIM		
	Warmup for next event - 45 minutes		
3	B BOYS PRELIM	A BOYS PRELIM	A GIRLS PRELIM
	Warmup for final - 20 minutes		
4	C GIRLS FINAL	B GIRLS FINAL	
	C BOYS FINAL		
	Warmup for final - 20 minutes		
5	B BOYS FINAL	A BOYS FINAL	A GIRLS FINAL
	Friday, May 22, 2026		
6	B GIRLS PRELIM	C GIRLS PRELIM	B BOYS PRELIM
		C BOYS PRELIM	
	Warmup for next event - 45 minutes		
7	A GIRLS PRELIM		A BOYS PRELIM
	Warmup for final - 20 minutes		
8	B GIRLS FINAL	C GIRLS FINAL	B BOYS FINAL
		C BOYS FINAL	
	Warmup for final - 20 minutes		
9	A GIRLS FINAL		A BOYS FINAL
	Saturday, May 23, 2026		
10		AB GIRLS SYNCHRO	AB BOYS SYNCHRO
	Warmup for next event - 45 minutes		
11		AB BOYS SYNCHRO	AB GIRLS SYNCHRO
	Sunday, May 24, 2026		
12		B BOYS PRELIM	C GIRLS PRELIM
			C BOYS PRELIM
	Warmup for next event - 45 minutes		
13	A BOYS PRELIM	A GIRLS PRELIM	B GIRLS PRELIM
	Warmup for final - 20 minutes		
14		B BOYS FINAL	C GIRLS FINAL
			C BOYS FINAL
	Warmup for final - 20 minutes		
15	A BOYS FINAL	A GIRLS FINAL	B GIRLS FINAL

Qualification

All individual events will run as prelims/finals with the top 6 in each preliminary event moving on to finals in the afternoon. Countries may enter as many divers/synchro teams in an event they want. Only the top 2 from a country will advance to finals and only 2 synchro teams from a country can medal.

All synchro events will be straight finals.

Venue Operations for event



Key Dates

- Technical Meeting – Wednesday, May 20 4:00 pm – at pool
- Closing Banquet – Sunday, May 24 - 6:00-9:00 pm
- Training Days/Times
 - Tuesday – Wednesday, May 19-20, 2026 – 10:00am – 4:00pm (by flights if needed) more information TBA
 - Competition mornings
- Post competition daily training
 - A detailed practice schedule will be sent closer to date of competition.

Registration Information

- USA Divers must be members in good standing with USA Diving.
- Foreign athletes must send USA Diving proof of insurance for each athlete and coach from their home federation prior to arrival.
- Coaches must register their intentions of participation on divemeets.com.

Dive Sheets

- All entries must be made by the time of the technical meeting on May 20 at 4:00pm via divemeets.com.
- Dive entries and changes must be made at divemeets.com. Change opportunities will end 3 hours prior to each event.

Dive Changes

All athlete dive list changes, **MUST** be completed through divemeets.com. Athletes may log in to their DiveMeets account to review and update their dive sheets within the timeline below:

1. Changes may be made online at no cost before 6pm the night prior to the first day's events, and before 12pm the day prior to all competition days thereafter.
2. Dive changes will no longer be accepted three hours prior to the event's start time
3. Dive changes will be billed directly on divemeets.com for \$25 USD.

Coaches' Technical Meeting

Wednesday, May 20 – Marguerite Tennis Pavilion (right next door) → 4:00pm

Accommodation and Meals

All members of the Federations will stay at either the Ayres Suites in Mission Viejo, CA or the VOCO by Laguna Hills. Rates are based on a 7-night stay. Please contact the meet host if you will stay less/more nights for an adjusted rate.

Ayres Hotel and Spa 28951 Los Alisos Blvd Mission Viejo, CA 92692 (949) 305-7200

Voco By Laguna Hills 25205 La Paz Rd Laguna Hills, CA 92653 (949) 586-5000

Occupancy	Rates per Person
Single	\$320/night
Double	\$240/night
Triple	\$205/night
Quad	\$190/night

*All Double, Triple and Quad occupancy rooms will be 2 queen beds. Single occupancy rooms will be one king bed.

*If teams do not book accommodation via Mission Viejo Nadadores, there will be a \$50/person/day fee as part of the organization's costs.

Meals will begin with breakfast on Tuesday, May 19 at the hotel. The last lunch will be served on Sunday, May 24. The last breakfast will be served on Monday, May 25.

Banquet Dinner

On Sunday, May 24 there will be a banquet dinner for all federation members. There will be entertainment, games, and fun for all delegates.

Transportation

Teams will be picked up at Santa Ana Airport (SNA) or LAX beginning Monday, May 18. SNA is 15 minutes from the pool. LAX is an hour plus from the pool.

Shuttles will run from the hotel to the pool and back each day. There will be 4 shuttles (each way) each day on warm up days and 6 shuttles each way on competitions days at varying times.

Credentials

- Credentials will be required to move into the pool area as well as the hospitality area. Please be sure to wear your credentials daily.

Parking

- Parking is free at the Marguerite Aquatics Complex and along Marguerite Parkway.
- Be sure to park in designated areas and not to park in any reserved spot.
- Observe the directions of parking attendants and parking security.

Restrooms/Locker Rooms

- Locker rooms are available just off the pool deck.
- Coach restrooms will be located at the Tennis Pavilion

First Aid/Athletic Trainers

- Federation physios will have a designated area on the pool deck.
- The facility is also equipped with AED and Narcan.

Hospitality

Hospitality on competition days for coaches and officials will be behind the dive office. Drinks and light snacks will be available.

Meals

May 18 (Arrival Day) → Dinner at Hotel

May 19-20 (Practice Days) → All meals at hotel

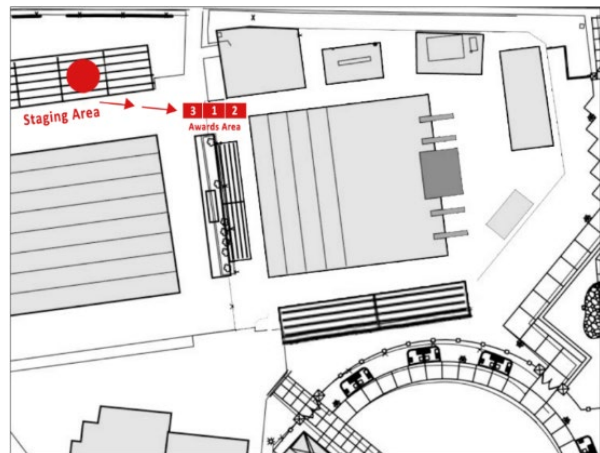
May 21-24 (Competition Days) → Breakfast/Dinner at hotel and Lunch at pool

Awards Ceremony Protocols

Awards will be presented to the top 3 immediately following each event.

Awards will be presented by the winner's coach or a dignitary, along with a sponsor presenter.

Athletes should wear a team sweat, or a suit & shirt on the awards stand. Please no towels on the awards stand.



Spectator Tickets

- All tickets may be purchased at mvndiving.com/store.



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Mission Viejo, California

MAY 21-24, 2026

TICKETS FOR 2026 TYR JUNIOR AMERICA'S CUP

Daily	\$15.00 – Daily, all day	\$10.00 – Daily, all day: Senior 65+)/Military/ Child under 12 (under 5 free)
All-Session (May 21-24)	\$40.00 – ALL sessions	\$30.00 – All sessions: Senior (65+)/Military/ Child under 12 (under 5 free)

- The bleachers will be cleared each morning at 8:00 am to allow ticketed spectators to enter.
- The shaded bleachers are reserved for the elderly, physically challenged and families with small children and babies.

Snack Bar and other food services, on site

- A small snack bar will be open each day.

WiFi

The facility has strong public WiFi

Live Stream

USA Diving will livestream the competition

Nearby Restaurant

Keep your parking spot and relax, while watching a livestream across the street at the Oso Creek Golf Course! (5-minute walk)

Expectations of Spectators, Coaches, and all Adults

The Mission Viejo Nadadores promote good sportsmanship by athletes, coaches, parents, and fans. We request your cooperation in supporting the athletes and officials in a positive manner. Profanity, derogatory comments, or other intimidating actions directed toward athletes, officials, team representatives or other fans, will not be tolerated and are grounds for removal from the venue. We appreciate your cooperation in creating a safe and positive competitive environment.

RESPECT, IT'S THE NAME OF THE GAME.

Directions to Marguerite Aquatics Complex

From the 5 Freeway exit La Paz Road (89). Use the left 2 lanes (if coming from 5 south, and 2 right lanes if coming from north 5) to turn east onto La Paz Road. Travel approximately 1.1 miles on La Paz Road, use the left 2 lanes to turn left onto Marguerite Parkway. Go approximately 1.8 miles and turn right onto Casta Del Sol. In approximately 350 feet make a right into the parking lot.



Terrace on the Green and Garden + Grille

Open for Breakfast, Lunch and Dinner

Just a short walk across the street!

Terrace on the Green

Full service restaurant

Breakfast 8-11 am
Lunch 11 am - 3 pm
Dinner 3-8 pm

Garden + Grille

Outdoor eatery
with a grab-n-go menu

Open daily
10 am ~ 5 pm

Walk-ins welcome. For reservations or to go orders, call 949-470-4995



City of Mission Viejo

General Information

Mission Viejo City Hall

200 Civic Center, Mission Viejo
(949) 470-3000

Mission Viejo Police Services

200 Civic Center, Mission Viejo
(949) 770-6011

Mission Viejo Library

100 Civic Center, Mission Viejo
(949) 830-7100

Post Office

28081 Marguerite Parkway, Mission Viejo
(800) 275-8777

Local Grocery Stores

Ralphs

2105 Marguerite Parkway, Mission Viejo
(949) 830-3066

Trader Joe's

25410 Marguerite Parkway, Mission Viejo
(949) 581-5638

Pavilion's

Marguerite Parkway, Mission Viejo
(949) 582-0672

Albertsons

Alicia Parkway, Mission Viejo
(949) 583-7337

Smart and Final

26911 Trabuco Road, Mission Viejo
(949) 581-1212

Residence Inn, by Marriott

Irvine

10 Morgan
Irvine, CA 92618
(949) 380-3000

Lodging

Ayres Hotel and Spa Mission Viejo

28951 Los Alisos Boulevard
Mission Viejo, CA 92692 (949)
305-7200

Courtyard Laguna Hills

23175 Avenida De La
Carlota
Laguna Hills, CA 92653
(949) 859-5500

Hampton Inn and Suites Mission Viejo

28682 Marguerite Parkway
Mission Viejo, CA 92692
(949) 429-5222

The Hills Hotel, An Ascend

Collection Member

25205 La Paz Road
Laguna Hills, CA 92653

Fairfield Inn by Marriott Mission Viejo

26328 Oso Parkway
Mission Viejo, CA 92691
(949) 582-7100

Hampton Inn – Lake Forest

27102 Towne Centre Drive
Foothill Ranch, CA 92610
(949) 597-8700

Dining

Restaurants located near the Aquatics Complex

Terrace on the Green

American fare on a beautiful golf course

27601 Casta Del Sol, Mission Viejo

Delizie Ristorante & Bar

Italian

25380 Marguerite Parkway #D, Mission Viejo

Piccolino

Pasta, Pizza

28719 Los Alisos Blvd., Mission Viejo

Raising Cane's

Chicken fingers

26980 Crown Valley Parkway, Mission Viejo

Hanna's

Prime Steak House

22195 El Paseo #110, Rancho Santa Margarita

California Pizza Kitchen at Mission Viejo

Pizza, pasta and salads

25513 Marguerite Parkway, Mission Viejo

Hot of the Grill

Breakfast, Burgers, Sandwiches, Tacos

25252 La Paz Road, Laguna Hills

Surfin Souvlaki

Mediterranean

28171 Marguerite Parkway, Mission Viejo

High Park Tap House

American fare and bar

23641 Via Linda, Mission Viejo

Albertaco's

Mexican

28171 Marguerite Pkwy # 26

Ball Park

Pizza

28813 Los Alisos Blvd., Mission Viejo

Stacks Pancake House

Specialty pancakes, plus burgers and lunch

27680 Marguerite Parkway, Mission Viejo

Bagels & Brew

Breakfast and sandwiches

23052 Alicia Pkwy A, Mission Viejo, CA 92692

Pieology

Pizza

713 Spectrum Center Drive, Irvine (Spectrum)

Tikka Wraps & Curry Bowls

Indian

25380 Marguerite Parkway, Unit F, Mission Viejo

Chick-Fil-A Foothill Ranch

Fast food chicken

26792 Portola Pkwy, Foothill Ranch

Panera Bread

Bakery/cafe serving sandwiches, salads & more

25523 Marguerite Parkway, Mission Viejo

Eat Thai Cuisine

Thai food

25482 Marguerite Parkway, #102, Mission Viejo

The Empanada Maker

Latin American

26131 La Paz Rd., #83, Mission Viejo

Chipotle

Burritos, tacos and bowls

25523 Marguerite Parkway, Mission Viejo

Skimmer's Panini Grill

Sandwiches and salads

25290 Marguerite Parkway, Unit E, Mission Viejo

Panda Express

Fast food Chinese cuisine

25276 Marguerite Parkway, Mission Viejo

Entertainment

Bowling

Saddleback Lanes

25402 Marguerite Parkway
Mission Viejo
(949) 586-5300

Theaters

Edwards Kaleidoscope 10

27741 Crown Valley Parkway
Mission Viejo

Cinepolis Luxury Cinemas

30632 Santa Margarita Parkway
Rancho Santa Margarita

Shopping

The Shops at Mission Viejo

555 The Shops at Mission Viejo
Mission Viejo

Kaleidoscope Courtyard

27741 Crown Valley Parkway
Mission Viejo

Irvine Spectrum Center

670 Spectrum Center Drive
Irvine

Outlets at San Clemente

101 W. Avenida Vista Hermosa
San Clemente

Places of Worship

Mariners Church

26862 Crown Valley Parkway
Mission Viejo
(949) 308-7910

Saddleback Church

1 Saddleback Parkway
Lake Forest
(949) 609-8000

Mission Hills Church

24196 Alicia Pkwy
Mission Viejo
(949) 586-4510

Compass Bible Church

150 Columbia
Aliso Viejo
(949) 540-0699

Presbyterian Church of the Master

26051 Marguerite Pkwy
Mission Viejo
(949) 582-2670

St. Kilian Catholic Church

26872 Estanciero Drive,
Mission Viejo
(949) 586-4440

Chabad Jewish Center Mission Viejo

24041 Marguerite Parkway,
Mission Viejo
(949) 770-1270

Hospitals and Urgent Care

St. Joseph's Mission Hospital

24 Hour Emergency Room

27700 Medical Center Rd, Mission Viejo
(949) 364-1400

Saddleback Memorial Medical Center (hospital)

24 Hour Emergency Room

24451 Health Center Drive, Laguna Hills
(949) 837-4500

Marque Urgent Care

7 AM – 8 PM, 7 days/week

25482 Marguerite Pkwy #101, Mission Viejo
(877) 693-6266

Southland Family and Urgent Care

8 AM – 6 PM, 7 days/week

27660 Santa Margarita Pkwy, Mission Viejo
(949) 951-7111

Clineva Urgent Care Center

8 AM – 8 PM, 7 days/week

29100 Portola Pkwy B, Lake Forest
(844) 254-6382

Airports and Transportation

John Wayne/Orange County Airport (SNA)

18601 Airport Way, Santa Ana

Long Beach Airport (LGB)

4100 Donald Douglas Drive, Long Beach

Los Angeles International Airport (LAX)

1 World Way, Los Angeles

Ontario Airport (ONT)

2900 East Airport Drive, Ontario

Airlines

Delta 800-221-1212

Alaska 800-426-033

Jet Blue 800-538-2583

United 800-241-6522

American Airlines 800-433-7300

Frontier 800-432-1359

Southwest 800-435-9792

Rental Car Companies

Hertz 800-654-3131

Enterprise 800-261-7331

National 877-222-9058

Budget 800-218-7992

Avis 800-633-3469

Alamo 888-826-6893

Thrifty 877-283-0898

Other Transportation

Mission Viejo Yellow Cab - 949-800-5699

Super Shuttle - <https://booking.supershuttle.com>

Lyft - <https://www.lyft.com/>

Uber - <https://www.uber.com/>

Explore

Laguna Beach – Artist colony meets seaside village. Known for its art, eclectic shops and hip restaurants. Must see summer to-dos are Pageant of the Masters and The Sawdust Festival.

Dana Point Harbor – Dana Point Harbor is known as the “Whale Capital of the West.” The harbor offers specialty shopping, fishing and whale watching excursions, kayaking, transportation to Catalina Island, and a variety of restaurants from coffee shops to fine waterfront dining.

San Clemente – The “Spanish Village by the Sea” offers many excellent shops and restaurants (along Del Mar Street and Pacific Coast Highway). Walk out the San Clemente Pier for great views of the shoreline and surfers enjoying the waves.